# LIST OF MOBILE ANDROID APPS

Prices listed with a plus sign (+) mean in app purchases are available

Prices listed with an asterisk (\*) means subscriptions are available but not required to use

# Speech Communication

#### Picture-based communication

6	CoughDrop AAC	Requires Android Software: 4.4 and up	A simple communication app that includes starter boards and different levels of communication. Can be
	FREE+*	Also Available for Apple	customized with user provided images or camera photos and recorded speech.



Alexicom AAC for	Requires Android	A free AAC app that features in-app page
Android	Software: 4.0 and up	creation and the ability to import photos
	1	from device. Compatible with variety of
		Bluetooth switches.
FREE	Also Available for Apple	



_	Avaz AAC	Requires Android	An easy to use and customizable speech
		Software: 5.0 and up	communication app for both children and
		1	adults. Can easily move between picture
	FREE+		mode and keyboard mode. Can also
		Also Available for Apple	access a remote therapist using Avaz
		Also Available for Apple	Live which is built into the app

	JABtalk FREE	Requires Android Software: 4.0.3 and up	An easy AAC app that for both children and adults. Users can start a communication board from scratch, rearrange and resize pictures as well as import pictures from the camera, memory card, or internet.
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I Can Communicate! AAC	Requires Android Software: 4.1 and up	An AAC app that has options to type messages or utilize pre-programmed buttons. Can toggle between English and Spanish.
FREE		



Niki Talk FREE	Requires Android Software: Varies with device	A simple AAC app that features up to 31 languages and 70 different voices. Capable of creating boards and uploading images.
FREE	Also Available for Apple	6



App2Speak	Requires Android	An AAC app that includes real life
	Software: 5.1 and up	photos with words and easily adjustable page sizes. Can be personalized using
\$179.99	Also Available for Android	your own photos.

#### Text-based communication

}~	Tell Me – Text to Speech	Requires Android Software: 4.0.3 and up	An app that reads text you type. Can adjust pitch, speed, colors, and voices. Can also save files as a notification tone.
	FREE+		



Text to Speech (TTS)	Requires Android Software: Varies with device	A simple app that converts text to speech. User types directly what they would like to communicate. Text can be saved for later.
FREE+		



Speech Ass AAC	Requires Android Software: 5.0 and up	A text only AAC app that is fully customizable. 8 categories are available for this free version. User can show
FREE+	Also Available for Apple	messages full screen, can connect a Bluetooth keyboard, and create shortcut functions to be accessed with the keyboard.

# Vision

60	Lookout – Assisted vision	Requires Android Software: 6.0 and up	A visual tool for individuals who are blind of have low vision. The app uses the devices camera to read text, labels, and helps explore the users surroundings.
	FREE		



Sullivan+	Requires Android	A visual aid app that uses the devices
	Software: 5.0 and up	camera to identify items, color, faces,
FREE	Also Available for Apple	texts, light brightness, or scenes. Fully compatible with VoiceOver.



TapTapSee	Requires Android	An app that is designed to assist the blind
	Software: 4.0 and up	or visually impaired identify everyday
FREE+	Also Available for Apple	objects. User can take a picture or video of object and speak identification back to user.



Visor – Low Vision Magnifier	Requires Android Software: 4.0 and up	A magnification app that has 3 different magnification levels and 5 different color
	1	contrast modes. Can turn on the LED flash on the device to assist with low-
FREE	Also Available for Apple	light. Supports TalkBack.



Be My Eyes –	Requires Android	An app for blind or visually impaired
Helping the Blind	Software: 5.0 and up	individuals that will connect them with a
1 0	1	volunteer to assist them with anything
		from describing their surroundings or
FREE	Also Available for Apple	reading labels.



Aira – Visual Info	Requires Android	Aira connects individuals who are blind
On Demand	Software: 7.0 and up	or have low vision with a certified
FREE*	Also Available for Android	professional who is trained to provide visual information. This service can be used for activities like sorting mail or reading menus or navigating your everyday life. Free for up to 5 minutes per day.



RightHear	Requires Android	An app that helps users orient themselves
	Software: 8.1 and up	with their surroundings. Outdoor mode
	It is recommended to be used	can provide current location, direction,
FREE	on a device with a cellular	what is nearby or around, record a
	plan but can be used on WiFi.	personal point of interest, direction, and
	Also Available for Apple	navigation.

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Blind-Droid Wallet	Requires Android Software: 4.1 and up	An app that is designed to assist the blind or visually impaired user identify
	1	currency. Works with Voice Assistant
FREE		and does not need internet connection.
OneStep Reader	Requires Android	Formerly known as KNFB Reader. A
-	Software: 5.0 and up	scanning app that reads documents including menus, bills, documents, mail
\$99.99		and PDF files. Has the ability to scan
	Also Available for Apple	multiple pages.
Vital	Requires Android	An app that promotes accessible learning
	Software: 4.1 and up	for blind and visually impaired students. Educators can use Vital to create learning
FREE		content with multisensory touch, sound effects, and text-to-speech.
BrailleBuzz	Requires Android	An app that introduces braille and
	Software: 6.0 and up	identifying braille letters. It was designed
		especially for APH's Chameleon 20 <sup>TM</sup>
FREE		and Braille Trail Reader LE <sup>™</sup> refreshable braille displays. It also works
	Also Available for Apple	with any connected display.
NaviLens	Requires Android	This app uses your devices camera to
	Software: 5.0 and up	identify NaviLens labels/codes in the
		environment. The app will then read aloud information associated with the
FREE		label. Users can receive blank
	Also Available for Apple	labels/codes to customize at home, work,

# Hearing

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	Ava: transcriptions and captions	Requires Android Software: 8.0 and up	An instant captioning app that can transcribe with 90% accuracy within 1
&	FREE+	Also Available for Apple	meter or the user can invite others in for a group conversation with an invite link. As others join the users' conversation with Ava they will appear color coded to help differentiate the speakers.

or wherever they are needed.

00	Visual Hearing Aid	Requires Android Software: 5.0 and up	A simple app for hearing impaired individuals. Uses speech to text to assist
μμ	FREE+	Also Available for Apple	in communicating.
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SL	ASL American Sign Language	Requires Android Software: 5.0 and up	An application that can assist the user in learning ASL. It includes the alphabet, numbers, and 100 basic signs with video
rrican Sign Language	FREE+		
<b>₽</b> =	Live Transcribe	Requires Android Software: 5.0 and up	An app that uses Google's state-of-the- art automatic speech recognition technology. Displays spoken text on the
	FREE		screen, can respond by typing on screen, and can enable a shortcut that is accessible on any page.
	Parent Advocacy: D/HH	Requires Android Software: 4.0 and up	An app designed specifically for parents and caregivers of school-age children who are deaf and hard of hearing. App
X	FREE	Also Available for Apple	includes important messages, legal rights, strategies for advocating, resources, and checklists for IEP's, 504, and other meetings.
M	Petralex Hearing Aid	Requires Android Software: 5.0 and up	An app that adjusts sound to your hearing specifics. Built in hearing test and has a 4-week adaptive course for getting used to the hearing aid.
	FREE+	Also Available for Apple	
	Tunity: Hear any muted TV	Requires Android Software: 5.0 and up	Tunity allows the user to hear live TV from their phone. Using their camera on their phone to scan the TV. Tunity will



Tunity: Hear any	Requires Android	Tunity allows the user to hear live TV
muted TV	Software: 5.0 and up	from their phone. Using their camera on
	1	their phone to scan the TV, Tunity will
		bring up a Quick Tune list of stations to
FREE+	Also Available for Apple	sync with. Note: the app only supports live
I KLL		TV and not online content like YouTube or
		other streaming services.

S	Skype FREE+*	Requires Android Software: Varies with device	A video messaging app that allows users to call up to 24 people. Chat feature and voice calls available. Skype to Skype calls are free. Users can turn on auto-
		Also Available for Apple	captioning for video calls.
	Rogervoice	Requires Android Software: 6.0 and up	Rogervoice uses automatic speech recognition and speech synthesis to caption phone calls. All calls made to
	FREE+*	Also Available for Apple	another Rogervoice user are free.
6	CaptionCall Mobile	Requires Android Software: 7.0 and up User must have a recognized	An app that allows the user to make and received captioned telephone calls from your iPad. User can adjust font size, save
	FREE	hearing disability and provide Professional Certification of hearing loss. Also Available for Apple	conversations, and have captioned voicemail.
		Also Available for Apple	l]
	InnoCaption	Requires Android Software: 4.4 and up	An app that allows the user to make and received captioned telephone calls. Users
	FREE	User must have a recognized hearing disability and provide Professional Certification of hearing loss. Also Available for Apple	can choose between captioning from live stenographers or automated speech recognition (ASR) software. Can view and email past call transcripts, voicemail with captions, and make 911 calls with captions.
	ntouch	Requires Android Software: 5.0 and up User must have a recognized	An app that provides Video Relay Service for mobile sign language communication.
5	FREE	hearing disability and provide Professional Certification of hearing loss.	
		Also Available for Apple	
	P3 Mobile	Requires Android	An app that provides Video Relay
		Software: 4.4 and up	Service for mobile sign language
$\mathbb{P}_3$	FREE	User must have a recognized hearing disability and provide Professional Certification of hearing loss.	communication. App also includes text chat and allows users to block unwanted calls.
	<u> </u>	Also Available for Android	

Educat	tion Support		
	Khan Academy	Requires Android Software: 5.0 and up	Khan Academy is a learning library that is available to all users for free. It has a wide variety of lessons for grades 2nd and up.
	FREE	Also Available for Apple	1
	School Planner	Requires Android	An app for students of all ages to help
	FREE+	Software: 4.1 and up	organize and keep track of schoolwork and schedule. Can assign colors to subjects and tasks, save teachers contact information, record lectures, set notifications and reminders for homework and exams.
	Microsoft Math	Requires Android	A math app that provides free step-by-
	Solver	Software: 5.0 and up	step instructions for solving math problems. Users can scan the problem
VX.	FREE	Also Available for Apple	with the device's camera, write in the app, or import the problems. It can be used for simple arithmetic to advanced algebra and calculus.
	Photomath	Requires Android Software: Varies with	Using the devices camera users can take a picture of their math problem and be
	FREE+	device Also Available for Apple	given step-by-step solutions. The app covers basic math, algebra, geometry, trigonometry, calculus, and statistics.

# Learning Disabilities and Executive Functioning

#### Note Taking apps

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<b>U</b>		
Google Keep	Requires Android	A productivity and note keeping tool that
FREE	Software: Varies with device	holds notes, lists, links, pictures, and drawings that can set reminders, labels, and is searchable.
	Also Available for Apple	

J	Microsoft OneNote	Requires Android Software: 6.0 and up	A notetaking app that allows the user to create different notebooks, sections, and pages to keep notes, pictures, or
	FREE*	Also Available for Apple	drawings. Can add tags, create checklists, and search notes. Includes Immersive Reader to allow for text-to-speech.

Updated 3/25/22

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Notetalker	Requires Android Software: 4.4 and up	An audio recording app that allows you to bookmark recordings as well as take pictures to assist the user in notetaking.
\$0.99	Also Available for Apple	pictures to assist the user in notetaking.



Simplenote	Requires Android Software: 6.0 and up	A simple notetaking app to make notes and lists. Notes are searchable and can be tagged for quick reference.
FREE	Also Available for Apple	



Notebook	Requires Android Software: 5.0 and up	A notetaking app that allows the user to take notes, add images, create checklists,
FREE		audio notes, or sketches. Notes can be organized into individual notebooks,
	Also Available for Apple	grouped together, and tagged. Can set reminders and share notes.



Squid	Requires Android	A notetaking app that allows the user to
Squiu	Software: Varies with	take handwritten notes. Paper can be
	device	customized for users' needs (lines, graph,
FREE+		or colored), starred for importance, and
		organized into notebooks. Can easily
		import and mark up PDF's.



ColorNote Notepad Notes	Requires Android Software: Varies with device	A simple notepad app for writing notes, memos, create shopping lists, and to-do lists. Can organize by color, they are searchable, and can set reminders.
FREE		



Livescribe+	Requires Android Software: 5.0 and up	An app that is designed to be used with the Livescribe 3 and Aegir series smartpens which allows the user to sync
FREE	Also Available for Apple	what is written.

	r Literacy Microsoft Lens	Requires Android	A scanning app that can save and
		Software: 7.0 and up	organize digital copies of printed documents, business cards, posters, or
	FREE	Also Available for Apple	blackboards. Provides Text-To-Speech and translation with Immersive Reader.
	Speechify	Requires Android	A simple text-to-speech app that allows
sha		Software: 6.0 and up	you to upload documents, import website links, or copy text into the app. Can also
	FREE+*	Also Available for Apple	have emails from Gmail read through the app.
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	T2S: Text to Voice	Requires Android	A text-to-speech app that allows the user
T	– Read Aloud	Software: 6.0 and up	to create or open text files to be read aloud. App provides a built-in browser tool that will read highlighted text.
	FREE+		
	Smart Lens	Requires Android	A scanning app that uses OCR to conver
	Smart Lens	Software: 5.0 and up	image to text. Can scan and translate
	FREE+		documents, detect phone numbers/emails, and provide text-to-
	FREE+		speech.
	Text Fairy	Requires Android	A scanning app that uses OCR to conver
		Software: 5.0 and up	image to text. Can edit text, copies to the clipboard, and recognizes over 50
	FREE+		languages. Collaborates with Google
			Translate to translate text to another



Moon+ Reader Pro	Requires Android Software: Varies with	A book reader app that provides text-to- speech. Supports PDF documents,
\$6.99	device	customizable reader bar functions, and allows annotations, highlighting, and bookmarks.

language.



Dolphin EasyReader	Requires Android Software: 5.0 and up	An accessible reading app for people with dyslexia, low vision, or blindness. Can download from book and newspaper libraries or copy and paste text from
FREE+	Also Available for Apple	anywhere to be aloud.

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Libby, by	Requires Android	App that links up with your local
OverDrive	Software: 5.0 and up	libraries to check out eBooks and
	1	audiobooks. Can adjust reading settings
		of eBooks including changing font,
FREE	Also Available for Apple	theme, and text size.



Endless Reader	Requires Android	An app that teaches with sight words
	Software: 7.0 and up	using games and puzzles. Starts with 6
		words for free with in-app purchases
FREE+	Also Available for Apple	available for more words.



Grammarly Keyboard	Requires Android Software: 7.0 and up	An app that assists users in checking spelling, grammar, punctuation, and vocabulary. Keyboard integrates smoothly with all apps and provides
FREE+*	Also Available for Apple	explanations for corrections to help you understand the mistakes.

#### Audio Recording & Transcribing apps

	Otter Voice	Requires Android	An app that can record and transcribe
	Meeting Notes	Software: 5.0 an up	audio in real time. It automatically
011.1	FREE+	Also Available for Apple	applies punctuation, capitalization, and highlights key points. Has the ability to search, differentiate different speakers, and provides 600 free minutes a month of recording.



	Temi – Recorder	Requires Android	An audio transcribing app that uses built-
~	and Transcriber	Software: 4.1 and up	in speech recognition engine. The app
			provides real-time live voice-to-text as
			you record. Transcripts are searchable.
	FREE	Also Available for Apple	

#### Time Tracking apps

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Sectograph	Requires Android Software: Varies with device	An app that works in conjunction with Google calendar to give a visual dial of events and tasks for the day. Can add a
FREE+		widget to the home screen and works with Android Smartwatch.



Multi Timer	Requires Android	A basic timer and stopwatch app that
StopWatch	Software: 4.4 and up	allows the user to set multiple timers and
		stopwatches at one. Can create multiple
		boards of timers, customize lengths,
FREE+		tones for alerting, or be alerted by text-
		to-speech.
Time Timer	Requires Android	A visual timer app. It features a colored
Time Timer	Requires Android Software: 4.4 and up	disk that disappears as time goes by.
Time Timer	-	disk that disappears as time goes by. Users can customize the length of the
Time Timer FREE	-	disk that disappears as time goes by.



Focus To-Do Focus	Requires Android	A timer and task management app that
Timer&Tasks	Software: 5.0 and up	combines the Pomodoro Technique and
	1	To Do Lists. App allows user to set tasks,
		recurring tasks, subtasks, reminders, and
FREE+*	Also Available for Apple	task priorities. User can also customize
I KLL	Also Available for Apple	pomodoro timer/break lengths and tones
		for alerts.



Toggl Track – Time Tracking & Work Hours Log	Requires Android Software: 7.0 and up	A productivity app designed to help users track where they are spending their time. Can integrate tasks with calendar, use
FREE	Also Available for Apple	Siri to add or update tasks, and customize entries with project labels and tags. Can produce summary reports.



aTimeLogger -	Requires Android	A simple, easy to use time tracking app.
Time Tracker	Software: 4.2 and up	Can customize with themes, colors, and
	-	icons. Ability to set goals and view
		reports with diagrams and graphs. Can
FREE+	Also Available for Apple	use with widget or Siri shortcuts.



Lanes: Todo List app and timer	Requires Android Software: 4.2 and up	A productivity app that includes a to-do list and Pomodoro timer. User can create custom projects, tags, and labels. Can also save articles and videos within the app and view reports.
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Task apps



Tasks: Todo list, Task List, Reminder	Requires Android Software: 4.1 and up	A simple task list/to do app to help users organize their daily lives. Can customize lists by color, dark and light themes available, and the ability to add a widget to the home screen.
FREE+*		



0	Remember the Milk	Requires Android Software: 4.4 and up	A smart to-do app that allows you to set tasks and get reminded via email, text, IM, Twitter, or mobile notification. Ability to search tasks and notes.
	TINEL	Also Available for Apple	Integrates with Gmail, Google Calendar, Twitter, Evernote and more.

Trello	Requires Android	An organization app that uses simple and
	Software: Varies with device	customizable boards, lists, and cards to get things done. Can turn on notifications
FREE*	varies with device	and assign or collaborate on boards or
	Also Available for Apple	lists.

# Daily Living

### Automation

	IFTTT	Requires Android	An automation app that works with over
IFTTT		Software: Varies with device	600 apps. Uses "recipes" to control, alert, back up, and even post to social media
	FREE+	device	without you needing to do so manually.
		Also Available for Apple	



	Amazon Alexa	Requires Android	Useful for managing Alexa-enabled
		Software: 6.0 and up	devices, managing music and book,
		1	editing shopping and to-do lists, setting
FF	FREE		alarms, getting information from the
	IREE	Also Available for Apple	internet, and setting routines to assist
		The Available for Apple	with your day.

Medicati	on Tracking		
	Mango Health	Requires Android Software: 5.0 and up	A habit tracking app to help simplify and reward the user's daily routine. Can set
	FREE	Also Available for Apple	reminders for medications, healthy habits, and your mood. Gives points for keeping up with daily habits. Can also set up a caregiver profile to monitor medications and reminders.
	Pill Reminder and	Requires Android	A customizable medication and appointment reminder app – all in one
	Med Tracker	Software: 5.0 and up	place. Can add medications from the
			FDA Drug Database for easy entry, view
	FREE+	Also Available for Apple	medications and appointments in the
			calendar view, and set reminders in a variety of ways needed for the user.
	Medisafe	Requires Android	A medication tracking app that provides
	Medication	Software: 5.0 and up	an easy-to-read schedule of medications
$\Box \cap$	Management		and when to take them. Can set alarms, reminders for refills, keep a diary of
		Also Available for Apple	symptoms, appointments, and doctors all
	FREE*	Also Available for Apple	within the app.
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	Max - Pill	Requires Android	A simple medication reminder app. Set
	Reminder	Software: 7.0 and up	notification up by daily, specific days, day intervals or based on menstrual
•			cycle. Sends push notification reminders.
	FREE	Also Available for Apple	If there is no response to the push
			notification the user will be notified by a reminder phone call.

#### Habit Tracking



•	Habit Tracker	Requires Android Software: 4.0 and up	Formerly known as HabitBull. An app to help the user keep track of day-to-day		
2	FREE*	Also Available for Apple	habits and routines. Habits are fully customizable, easy to track, and provides inspiring quotes to help stay motivated.		

Habitica: Gamify	Requires Android	A habit tracking and To Do app that uses
Your Tasks	Software: 5.0 and up	gaming features for users to stay
	-	motivated and organized. User creates an
		avatar that can level up and unlock
FREE*	Also Available for Apple	features such as armor or pets by
IKLL	Also Available for Apple	completing tasks and working on healthy
		habits.

#### Symptom and Behavioral Tracking

	Birdhouse for	Requires Android	An organizational and tracking
	Special Needs	Software: 4.1 and up	application to assist parents/caregivers
	1	1	keep track of behaviors, nutrition,
			medical information, therapies,
	FREE	Also Available for Apple	schedules, and interventions all in one
	TICLE		place.

P.J.P	Bearable – Symptoms & Mood Tracker	Requires Android Software: 5.0 and up Also Available for Apple	A tracking tool that allows the user to track symptoms, mood, sleep, exercise, diet, and medication. Colorful, customizable, and easy to use interface. Dark mode available.
	FREE+*		

Calendar apps

Carchadi	apps		
31	Google Calendar FREE	Requires Android Software: Varies with device	A calendar application that can add events as well as To-dos and Goals. Can sync with other calendars including iCloud and Google Classroom.
		Also Available for Apple	

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8	Cozi Family Organizer	Requires Android Software: 6.0 and up	A shared calendar and lists app that allows you to keep track of every family members schedule. Also has a recipe box to keep and organize all your recipes.
	FREE+*	Also Available for Apple	

#### Visual Scheduling apps

V	VAST – Visual Aids and Sensory Timetables	Requires Android Software: 6.0 and up	This app uses visual cards and timetables to create routines that are easy to follow and manage. The app has no ads and is fully functional offline.
	FREE		

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Kids ToDo List FREE	Requires Android Software: 5.0 and up	A free, simple visual scheduler. Users can easily create task lists by simply arranging the picture cards. All picture cards support voice sounds.
	Also Available for Android	



Fun Routine – Visual Schedules	Requires Android Software: 5.0 and up	A scheduling and routine app specifically designed for children with Autism to assist with completing daily chores, tasks, and routines.
FREE+		



	First Then	Requires Android	A very simple visual schedule app. It
		Software: 4.0.3 and up	focuses on one task at a time. User can
5		1	upload pictures to customize the task and
Ŭ	FREE		save the task for reference later. App also
	TILL		has a built-in timer.



Visual Schedule & Social Story	Requires Android Software: 4.1 and up	This app provides visual support for completing tasks and appropriate behaviors at home, school, or in the community. Users can create new
FREE+	Also Available for Apple	schedules using templates or your own pictures within the app.

### Assist with Focus, Sensory, or Sleep

Forest – Your Focus Motivation	Requires Android Software: Varies with device	Forest is a "gamified timer" to help with procrastination and focus. Users plant a seed in the app when you put down the
FREE+	Also Available for Android	device to focus. As users stay focused, the seed will grow into a tree. If unable to keep focus, the tree will wither.



White Noise Lite	Requires Android	An app that offers a range of sounds to
	Software: 5.0 and up	help the user keep focus, relax, or fall
	1	asleep. Has over 40 looped sounds to
FREE		choose from, can mix different sounds to
TREE	Also Available for Apple	create your own customized soundscape,
	11	and can set alarms or timers.



A Soft Murmur	Requires Android Software: 3.0 and up	A simple background noise app that allows the user to mix several different sounds together for perfect productivity
FREE+	Also Available for Apple	or sleep.



Dreampad Sleep	Requires Android	Designed to be used with a Dreampad
1 1	Software: 4.1 and up	Pillow, the app plays relaxing music to
	1	induce relaxation and sleep. The
FREE		Dreampad pillow is not needed to utilize
IKLL	Also Available for Apple	the sounds and music but for best results
	Also Available for Apple	it is recommended with the pillow.



Sensory Electra	Requires Android Software: 4.1 and up	A simple stimulating app for all ages. Responds to taps and up to 3 finger movements.
FREE	Also Available for Apple	

	Fluid Simulation	Requires Android Software: 5.0 and up	The app is designed to simulate gas, water, and liquids. The user can touch the screen and see a flourish of colors and ripples emerge across the screen. Users
5		Also Available for Apple	can also customize the color palette and how the screen responds to your touch.

# Apps for Budgeting and Money Skills

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 Home Budget with	Requires Android	An expense app tracker designed to help
Sync Lite	Software: 5.0 and up	keep track of expenses, income, bills, due
2	1	dates, and account balances. Income and
		expenses must be entered in manually.
FREE+	Also Available for Apple	Can sync across devices to work together
TREET	Also Available for Apple	on a family budget.



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Goodbudget:	Requires Android	A personal finance app that utilizes the
Budget & Finance	Software: 5.0 and up	"envelope method" budgeting a set
U U	1	amount of money each month/year.
		Income and expenses are entered
FREE+*	Also Available for Apple	manually. 10 regular envelopes and 10
	Also Available for Apple	annual envelopes available for free
		version.

	Life Budget	Requires Android	A simple expense tracking app to assist
2		Software: 4.0 and up	with money management. Users must enter expenses and income in manually.
2	FREE*	Also Available for Apple	
	Mint: Track	Requires Android	Mint allows users to sync their bank
	Expenses and Save	Software: 6.0 and up	accounts with the app for easier income
			and expense tracking. Users can set budgets, bill due dates, receive financial
2.	FREE+	Also Available for Apple	advice, and a free credit score all from within the app.
	Chores &	Requires Android	An easy way to keep track of your
~	Allowance Bot	Software: 7.0 and up	family's allowances, chores, and savings
1			goals. Can create daily, weekly, or monthly allowances for each child.
1.00	FREE+*	Also Available for Apple	
	S'moresUn – Best	Requires Android	A simple household and money



S'moresUp – Best Chores App	Requires Android Software: 5.0 and up	A simple household and money management app. Parents can keep track of chores, allowance, and schedules.
FREE*	Also Available for Apple	

# Mental Health and Emotional Wellness

Brain Exercise

FREE+ Also Available for Apple timers, and no high scores.		Brain Yoga FREE+	Requires Android Software: 4.1 and up Also Available for Apple	An app that aims to train your brain in a relaxing way. Has 11 puzzle game, no timers, and no high scores.
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FREE+*	Requires Android Software: 5.0 and up Also Available for Apple	A brain training app with over 40 mind games to improve cognitive and academic abilities. The app offers workout modes, detailed training insights, and mindfulness training.
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Brain HQ FREE+*	Requires Android Software: 6.0 and up Also Available for Apple	A brain training app with exercises focused on cognitive improvement, real- world improvements, and physical brain changes.

Elevate	Requires Android Software: 5.0 and up	A brain training app designed to improve focus, speaking abilities, processing skills, memory, math skill and more. The
FREE+*	Also Available for Apple	app includes over 35 games, workout calendar, and personalized daily puzzles.

#### Mental Health tools

PTSD	PTSD Coach	Software: 4.4 and up	This app provides education on PTSD, self-assessments, tools to help manage PTSD, and information regarding
	FREE	Also Available for Apple	professional care.

R	Breathe2Relax FREE	Requires Android Software: 4.4 and up Also Available for Apple	A stress management app that provides detailed information on the effects of stress as well as instructions and practice breathing exercises to help reduce stress.
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VIRTUAL HOPE BOX	Virtual Hope Box	Requires Android Software: 5.0 and up	An app designed to help with coping, relaxation, distraction and positive thinking. User has the ability to save
*	FREE	Also Available for Apple	documents they personally find supportive.



B

MindShift CBT	Requires Android Software: 5.0 and up	MindShift is a free, scientifically based anxiety tool. The app uses Cognitive
FREE	1	Behavioral Therapy (CBT) to help the user learn to relax, be mindful, develop
TREE	Also Available for Apple	more effective ways of thinking, and use active steps to take charge of anxiety.

	Moodfit	Requires Android	Described as "fitness for your mental
		Software: 5.1 and up	health". Users can use the app to set
		1	personal goals, track mood, medications,
	FREE*		create new habits, use breathing
		Also Available for Apple	exercises, and much more. Users can
		The Truncie for Tippie	export information to share with a
			healthcare professional.
	stoic.	Requires Android	Mental Health tool and tracking app to
		Software: 6.0 and up	help you be happier and have better
			control over your emotions. Tools
S.	FREE*		include journaling with or without
		Also Available for Apple	prompts, meditation, breathing exercises,
		11	motivational quotes, exercises to help
			with negative thoughts, and goal setting.
	Daylio	Requires Android	Daylio is a self-care bullet journal with a
		Software: 5.0 and up	mood diary and happiness tracker. Users
		1	can customize colors and emoji.
	FREE+*		Statistics are available to find patterns
		Also Available for Android	and share with friends or healthcare
			nrofessionals

#### Meditation apps

Smiling Mind	Requires Android Software: 5.0 and up	A mindfulness, meditation app from Australia. Meditation programs available
FREE	Also Available for Apple	for children, youth, adults, the classroom, the workplace, and for sleep. Can set reminders and follow progress.

Calm

SESAM

Calm FREE+*	Requires Android Software: Varies with device	An app for meditation, sleep, and relaxation. App contains sleep stories, guided meditation, and relaxing music. Can participate in a breathing exercise, programs for kids or a masterclass, and
	Also Available for Apple	can customize app with different scenes and sounds.

professionals.

#### Apps for Children and Adolescents

Breathe, Think, Do with Sesame	Requires Android Software: 4.4 and up	An app to help teach children skills such as problem solving, self-control, planning, and task persistence. Available in English and Spanish
FREE	Also Available for Apple	in English and Spanish.

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	HAPPY	

My Life My Voice	Requires Android Software: Varies with	A simple mood journal that uses emoticons to assist in identifying and
	device	tracking thoughts, feelings, and mood.
FREE		
	Also Available for Android	
Khan Academy	Requires Android	An app to help teach reading, writing,
Kids	Software: 5.0 and up	language, math, social-emotional
FREE	Also Available for Apple	development, problem solving skills, and motor development. Parents/teachers can set up multiple children's profiles. For individuals up to the 2nd grade learning level.
GoNoodle – Kids	Requires Android	Designed for active screen time,
Videos	Software: 5.0 and up	GoNoodle has over 300+ dance videos,



FREE	Also Available for Apple	yoga exercises, and mindfulness activities for kids. New videos are uploaded every week. The menu is easy to browse and play.
Flip-Over FACES	Requires Android	A fun and versatile app where a child can

Flip-Over FACES	Requires Android Software: 6.0 and up	A fun and versatile app where a child can explore facial expressions. While any student can benefit from this app it is
FREE	Also Available for Apple	especially designed for students with low-vision and a cognitive level of age 5 or older.

An app designed for stimulating and **Requires Android** Jade Software: 4.1 and up developing children with autism and down syndrome. Has association games where the child must find the answers FREE\* among some categories such as Animals, Also Available for Apple Colors, Numbers, and Letters.

## **Brain Injury**

#### **Brain Injury**

HEADS UP CONCUSSION	CDC HEADS UP Concussion and Helmet Safety	Requires Android Software: 4.0.3 and up	An app that teaches the user how to spot a possible concussion and what to do if someone has a concussion or serious brain injury. The application also
	FREE	Also Available for Apple	features a 3D helmet fit and teaches about proper helmet safety.

# For Aphasia



Language Therapy Lite	Requires Android Software: 4.4 and up	A free sample version of Language Therapy designed to be used for individuals with aphasia. Features comprehension, reading, naming, and
FREE	Also Available for Apple	writing.



Dexteria	Requires Android	An app that uses unique hand and finger
	Software: 4.0 and up	activities to build strength, control, and
	1	dexterity. Does automatic tracking and
\$4.99		reporting that can be emailed directly
ψτιγγ	Also Available for Apple	from the app. Can be used with both
	Also Available for Apple	children and adults.