

# LIST OF MOBILE APPLE APPS

Prices listed with a plus sign (+) mean in app purchases are available

Prices listed with an asterisk (\*) means subscriptions are available but not required to use

## Speech Communication

### Picture-based communication



Proloquo2Go \$249.99+	Requires iOS 12.4 or later. Compatible with iPhone, iPad, iPod touch, and Apple Watch.	AAC app that uses symbol and word-based communication. Compatible with switch scanning and can be edited to fit the user's needs.
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AACorn Plus \$149.99	Requires iOS 9.0 or later. Compatible with iPad.	AAC app for children that uses a word tree to formulate words and phrases. Buttons can be changed, and a recorded voice can be added to custom words or phrases.
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TouchChat HD \$149.99+	Requires iOS 11.0 or later. Compatible with iPhone, iPad, and iPod touch.	An AAC app that is fully customizable. English and Spanish synthesized voices available. Has the option to share text generated to social media, iMessage or email.
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Snap Core First AAC \$49.99+	Requires iOS 10.0 or later. Compatible with iPad.	An AAC app by Tobii Dynavox ideal for individuals with Autism, Down Syndrome, Cerebral Palsy, and intellectual disabilities.
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Sono Flex \$99.99	Requires iOS 8.0 or later. Compatible with iPhone, iPad, and iPod touch.	AAC app made by Tobii Dynavox that features full customization of the image buttons. Will work with both the iPad and the iPhone.
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Alexicom AAC FREE	Requires iOS 9.0 or later. Compatible with iPhone, iPad, and iPod touch.  <b>Also Available for Android</b>	A free AAC app that features in app page creation and the ability to import photos from device. Compatible with variety of Bluetooth switches.
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Avaz AAC – Lifetime Edition	Requires iOS 11.0 or later. Compatible with iPhone, iPad, and iPod touch.	An easy to use and customizable speech communication app for both children and adults. Can easily move between picture mode and keyboard mode. Can also access a remote therapist using Avaz Live which is built into the app..
\$199.99	<b>Also Available for Android</b>	



Niki Talk	Requires iOS 10.0 or later. Compatible with iPhone, iPad, and iPod touch.	A simple AAC app that features up to 31 languages and 70 different voices. Capable of creating boards and uploading images.
FREE	<b>Also Available for Android</b>	



SmallTalk Aphasia	Requires iOS 9.0 or later. Compatible with iPhone, iPad, and iPod touch.	An AAC app designed for individuals with aphasia. Features a set of starter icons and mouth position videos for stroke rehabilitation.
FREE		



Scene & Heard	Requires iOS 10.0 or later. Compatible with iPhone, iPad, and iPod touch.	An AAC app that uses scenes for context-based communication. Can use custom photos, video clips or audio messages.
\$84.99		



GoTalk Now	Requires iOS 9.0 or later. Compatible with iPad.	An AAC app that has adjustable page layouts, customizable navigation, recorded and text-to-speech capabilities, and an included symbol set.
\$99.99+		



App2Speak	Requires iOS 9.1 or later. Compatible with iPhone, iPad, and iPod touch.	An AAC app that includes real life photos with words and easily adjustable page sizes. Can be personalized using your own photos.
\$179.99		



2Talk - AAC	Requires iOS 8.0 or later. Compatible with iPhone, iPad and iPod touch.	A free, simple app that is for individuals who are just beginning to use AAC.
FREE+		



CoughDrop FREE+	Requires iOS 9.0 or later. Compatible with iPhone, iPad, and iPod touch.  <i>Also Available for Android</i>	A simple communication app that includes starter boards and different levels of communication. Can be customized with user provided images or camera photos and recorded speech.
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SoundingBoard FREE+	Requires iOS 12.0 or later. Compatible with iPhone, iPad and iPod touch.	A simple communication app that has built-in boards for quick communications or the ability to create and customize new boards. User can also purchase more boards and see stats on which boards and buttons are used the most.
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### Text-based communication



Proloquo4Text \$119.99	Requires iOS 12.4 or later. Compatible with iPhone, iPad, iPod touch, and Apple Watch.	A text-based communication app that gives a voice to literate children, teens, and adults who cannot speak. Has over 100 different voices in 18 different languages.
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Verbally FREE+	Requires iOS 8.0 or later. Compatible with iPad.	An AAC app that uses words only. Core words and phrases grid available with predictive text and 3 keyboard layouts to choose from.
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Speak FREE+	Requires iOS 9.0 or later. Compatible with iPhone, iPad, and iPod touch.	A text-to-speech app. Allows the user to easily adjust volume, pitch, rate and the option to change language or accent. Internet connection not required.
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### Symbols and board makers



Symbol Overlay Maker FREE	Requires iOS 13.0 or later. Compatible with iPad.	A symbol and picture overlay creator designed for all AbleNet Speech Communication devices. Easy to use, users can create printable overlays with over 7,000 pictures to choose from.
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## Vision



Seeing AI FREE	Requires iOS 10.0 or later. Compatible with iPhone, iPad, and iPod touch.	An app to assist blind or visually impaired individuals with their everyday surroundings. Has different “channels” to read short text, documents, barcodes, identify people and currency, lighting, as well as experimental “channels” to identify scenery, color, and handwriting.
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TapTapSee FREE+	Requires iOS 10.0 or later. Compatible with iPhone, iPad, and iPod touch.  <i>Also Available for Android</i>	An app that is designed to assist the blind or visually impaired identify everyday objects. User can take a picture or video of object and speak identification back to user.
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Be My Eyes – Helping the Blind FREE	Requires iOS 11.0 or later. Compatible with iPhone, iPad, and iPod touch.  <i>Also Available for Android</i>	An app for blind or visually impaired individuals that will connect them with a volunteer to assist them with anything from describing their surroundings or reading labels.
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KNFB Reader \$99.99	Requires iOS 10.0 or later. Compatible with iPhone, iPad, and iPod touch.  <i>Also Available for Android</i>	A text-to-speech text reading app. App will read the captured content through the use of OCR. Can read PDF and JPEG images. Can be read out loud or read in braille.
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Aipoly Vision FREE+	Requires iOS 9.0 or later. Compatible with iPhone, iPad, and iPod touch.	An app that is both an object and color recognizer. Designed to help blind and visually impaired individuals. User will point the device’s camera at an object and then hear what it is.
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Visor – Magnifier \$17.99	Requires iOS 9.3 or later. Compatible with iPhone, iPad, and iPod touch.  <i>Also Available for Android</i>	A magnification app that has 3 different magnification levels and 5 different color contrast modes. Can turn on the LED flash on the device to assist with low-light. Supports VoiceOver.
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Glasses  FREE+	Requires iOS 10.0 or later. Compatible with iPhone, iPad, and iPod touch.	An app that uses the devices camera to view with up to 12x magnification.
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Magnifying Glass w/Light Pro  \$1.99	Requires iOS 9.3 or later. Compatible with iPhone, iPad, and iPod touch.	An app that works in conjunction with the device's camera and flash to assist reading in dim lighting and small print.
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Microsoft Soundscape  FREE	Requires iOS 13.0 or later and a device with a cellular plan.	An app that uses 3D audio technology with audio cues and labels (such as points of interest, parks, roads and stores) to enhance awareness of user's surroundings.
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Voice Calc – Voice Calculator  FREE+	Requires iOS 8.0 or later. Compatible with iPhone, iPad, and iPod touch.	A calculator app that uses real voice broadcast of numbers and reports results of calculations. Customizable calculator skins.
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Aria Vision Sim  FREE	Requires iOS 11.0 or later. Compatible with iPhone, iPad, and iPod touch.	An educational app that simulates one of 14 common eye diseases through the device's camera.
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Braille Badges  FREE	Requires iOS 10.1 or later. Compatible with iPhone, iPad, and iPod touch.	Braille themed stickers for iMessage.
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BrailleBuzz  FREE	Requires iOS 10.0 or later. Compatible with iPhone, iPad, and iPod touch.  <b>Also Available for Android</b>	An app that introduces braille and identifying braille letters. It was designed especially for APH's Chameleon 20™ and Braille Trail Reader LE™ refreshable braille displays. It also works with any connected display.
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<p>Talking Typer</p> <p>\$4.99</p>	<p>Requires iOS 11.0 or later. Compatible with iPhone, iPad, and iPod touch.</p>	<p>An accessible typing and computer keyboard tutorial app. It is self-voicing with lessons on practice, skill drills, keyboard exploring and an entertaining game all fully compatible with VoiceOver.</p>
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## Hearing



<p>Ava: Best Live Captions</p> <p>FREE+*</p>	<p>Requires iOS 10.0 or later. Compatible with iPhone, iPad, and iPod touch.</p> <p><i>Also Available for Android</i></p>	<p>An instant captioning app that transcribes speech-to-text. Ava can transcribe with 90% accuracy within 1 meter or the user can invite others in for a group conversation with an invite link. As others join the users' conversation with Ava, they will appear color coded to help differentiate the speakers.</p>
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<p>Parent Advocacy: D/HH</p> <p>FREE</p>	<p>Requires iOS 8.0 or later. Compatible with iPhone, iPad, and iPod touch.</p> <p><i>Also Available for Android</i></p>	<p>An app designed specifically for parents and caregivers of school-age children who are deaf and hard of hearing. App includes important messages, legal rights, strategies for advocating, resources, and checklists for IEP's, 504, and other meetings.</p>
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<p>Marlee Signs</p> <p>FREE+</p>	<p>Requires iOS 8.0 or later. Compatible with iPhone, iPad, and iPod touch.</p>	<p>An app that will teach the fundamentals of American Sign Language including the alphabet, basic vocabulary, and common expressions.</p>
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<p>Tunity: Hear any muted TV</p> <p>FREE*</p>	<p>Requires iOS 13.0 or later. Compatible with iPhone, iPad, and iPod touch.</p> <p><i>Also Available for Android</i></p>	<p>Tunity allows the user to hear live TV from their phone, headphones, or Bluetooth speaker. Users use their camera to scan the TV and will bring up a Quick Tune list of stations to sync with. Note: the app only supports live TV and not online content like YouTube or other streaming services.</p>
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CaptionCall	Requires iOS 10.0 or later. Compatible with iPad. User must have a recognized hearing disability and provide Professional Certification of hearing loss.	An app that allows the user to make and received captioned telephone calls from your iPad. User can adjust font size, save conversations, and have captioned voicemail.
FREE		



ntouch	Requires iOS 10.0 or later. Compatible with iPhone, iPad, iPod touch, and Apple Watch. User must have a recognized hearing disability and provide Professional Certification of hearing loss.	An app that provides Video Relay Service for mobile sign language communication.
FREE		



P3 Mobile	Requires iOS 10.0 or later. Compatible with iPhone, iPad, and iPod touch. User must have a recognized hearing disability and provide Professional Certification of hearing loss.	An app that provides Video Relay Service for mobile sign language communication. App also includes text chat and allows users to block unwanted calls.
FREE		



Petralex Hearing Aid	Requires iOS 10.0 or later. Compatible with iPhone, iPad, and iPod touch.	An app that adjusts sound to your hearing specifics. Built in hearing test and has a 4-week adaptive course for getting used to the hearing aid. Supports Bluetooth and Air Pods.
FREE*	<b>Also Available for Android</b>	



Skype	Requires iOS 10.0 or later. Compatible with iPhone, iPad, and iPod touch.	A video messaging app that allows users to call up to 24 people. Chat feature and voice calls available. Skype to Skype calls are free.
FREE	<b>Also Available for Android</b>	

## Education Support



<p>Khan Academy</p> <p>FREE</p>	<p>Requires iOS 12.0 or later. Compatible with iPhone, iPad, and iPod touch.</p> <p><b>Also Available for Android</b></p>	<p>Khan Academy is a learning library that is available to all users for free. It has a wide variety of lessons for grades 2nd and up.</p>
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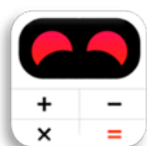
<p>AnimalWatch Vi Suite</p> <p>FREE</p>	<p>Requires iOS 8.0 or later. Compatible with iPad.</p>	<p>An app designed to assist visual impaired (VI) students improve their middle school math skills.</p>
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<p>CodeQuest</p> <p>FREE</p>	<p>Requires iOS 11.0 or later. Compatible with iPad.</p>	<p>An app that teaches coding logic to preschool and early elementary students. It integrates fundamental coding concepts such as sequencing and looping into game play. Fully compatible with VoiceOver.</p>
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<p>Draw2Measure Protractor</p> <p>FREE</p>	<p>Requires iOS 8.0 or later. Compatible with iPhone, iPad, and iPod touch.</p>	<p>A protractor app that allows students to measure angles on screen by tracing along the edges with their fingertip or a stylus. This app is accessible for blind and low vision students.</p>
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<p>Math Robot</p> <p>\$4.99</p>	<p>Requires iOS 10.0 or later. Compatible with iPhone, iPad, and iPod touch.</p>	<p>An accessible app that provides fun drills and practice for simple math problems. The app is both self-voicing and compatible with VoiceOver. Also has a low vision mode for extra contrast.</p>
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<p>Practice2Master Fractions</p> <p>FREE</p>	<p>Requires iOS 9.0 or later. Compatible with iPhone, iPad, and iPod touch.</p>	<p>An app for students to practice and become proficient in fraction calculations. It has an unlimited number of problems to practice. Accessible for low vision and blind students using VoiceOver.</p>
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<p>Slapstack Math</p> <p>FREE</p>	<p>Requires iOS 8.0 or later. Compatible with iPhone, iPad, and iPod touch.</p>	<p>An action and memory game that uses math flash cards instead of playing cards. It is fully accessible for all users. Can play with 2 to 8 players. Recommended for ages 7 and up.</p>
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## Learning Disabilities and Executive Functioning

### Notetaking apps



Livescribe+	Requires iOS 9.0 or later. Compatible with iPhone, iPad, and iPod touch.	An app that is designed to be used with the Livescribe 3 and Aegir series smartpens which allows the user to sync what is written.
FREE	<b>Also Available for Android</b>	



Notetalker	Requires iOS 9.0 or later. Compatible with iPhone, iPad, and iPod touch.	An audio recording app that allows you to bookmark recordings as well as take pictures to assist the user in notetaking.
\$0.99	<b>Also Available for Android</b>	



Notability	Requires iOS 12.0 or later. Compatible with iPhone, iPad, and iPod touch.	A notetaking app that allows you to take handwritten or text notes. You can sketch, import files, text, photos, or webpages. Can search, convert handwritten notes to text, and record audio that automatically syncs with notes.
\$8.99+		



Simplenote	Requires iOS 12.0 or later. Compatible with iPhone, iPad, and iPod touch.	A simple notetaking app to make notes and lists. Notes are searchable and can be tagged for quick reference.
FREE	<b>Also Available for Android</b>	



Notebook	Requires iOS 11.0 or later. Compatible with iPhone, iPad, iPod touch and Apple Watch.	A notetaking app that allows the user to take notes, add images, create checklists, audio notes, or sketches. Notes can be organized into individual notebooks, grouped together, and tagged. Can set reminders and share notes.
FREE	<b>Also Available for Android</b>	



Google Keep	Requires iOS 12.0 or later. Compatible with iPhone, iPad, iPod touch and Apple Watch.	A productivity and note keeping tool that holds notes, lists, links, pictures, and drawings that can set reminders, labels, and is searchable.
FREE	<b>Also Available for Android</b>	



Microsoft OneNote FREE*	Requires iOS 13.0 or later. Compatible with iPhone, iPad, iPod touch and Apple Watch.  <b>Also Available for Android</b>	A notetaking app that allows the user to create different notebooks, sections, and pages to keep notes, pictures, or drawings. Can add tags, create checklists, and search notes. Includes Immersive Reader to allow for text-to-speech.
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### Apps for Literacy



Microsoft Office Lens FREE	Requires iOS 13.0 or later. Compatible with iPhone, iPad, and iPod touch.  <b>Also Available for Some Android</b>	A scanning app that can save and organize digital copies of printed documents, business cards, posters or blackboards. Can search and edit documents as well as provide text-to-speech.
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Capti Voice FREE+*	Requires iOS 9.0 or later. Compatible with iPhone, iPad, and iPod touch.	A literacy and reading support app that provides text-to-speech for documents, books, etc. Customizable text color and font. Compatible with VoiceOver.
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Speechify FREE*	Requires iOS 12.0 or later. Compatible with iPhone, iPad, and iPod touch.  <b>Also Available for Android</b>	A text-to-speech app that allows you to upload documents, import website links, or copy text into the app. Can translate text into 50+ languages.
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Prizmo Go > Grab Text & Share FREE+*	Requires iOS 12.2 or later. Compatible with iPhone, iPad, and iPod touch.	A photo-based scanner app that can scan and recognize text documents. Provides Text-To-Speech and fully compatible with VoiceOver. Premium version enables text export, translation, and handwriting recognition.
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Text to Speech - by Natural Voices Speak TTS FREE+*	Requires iOS 10.0 or later. Compatible with iPhone, iPad, and iPod touch.	An app that allows you to type in or copy and paste text and listen with a human quality text-to-speech.
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Voice Dream Writer \$5.99	Requires iOS 12.0 or later. Compatible with iPhone, iPad, and iPod touch.	App that features text-to-speech proofreading to reduce mistakes. Can also read words and sentences while typed for voice dictation. Features ability to export to Microsoft Word.
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Voice Dream Reader \$19.99+	Requires iOS 12.0 or later. Compatible with iPhone, iPad, and iPod touch.	App that allows users to read with their ears. Features text-to-speech that is compatible with a wide range of formats like PDF, Bookshare, and audiobooks.
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Voice Pack \$5.99	Requires iOS 8.2 or later. Compatible with iPhone, iPad, and iPod touch.	App that works with both the Voice Dream Reader and Writer, which allows the user to download two new voices for use with the apps.
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BeeLine Reader \$1.99+	Requires iOS 12.0 or later. Compatible with iPhone, iPad, and iPod touch.	An app that displays text using guiding color gradients. Helpful for people with dyslexia, ADD, or vision impairments.
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Endless Reader FREE+	Requires iOS 9.0 or later. Compatible with iPhone, iPad, and iPod touch.	An app that teaches with sight words using games and puzzles. Starts with 6 words for free with in-app purchases available for more words.
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OverDrive: eBooks & audiobooks FREE	Requires iOS 12.0 or later. Compatible with iPhone, iPad, and iPod touch.  <b>Also Available for Android</b>	App that links up with your local libraries to check out eBooks and audiobooks. Can adjust reading settings of eBooks including changing font, theme, and text size.
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Libby, by OverDrive FREE	Requires iOS 9.0 or later. Compatible with iPhone, iPad, and iPod touch.  <b>Also Available for Android</b>	App that links up with your local libraries to check out eBooks and audiobooks. Can adjust reading settings of eBooks including changing font, theme, and text size.
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MDA Avaz Reader for Dyslexia	Requires iOS 8.0 or later. Compatible with iPhone, iPad, and iPod touch.	An app with multiple features to assist reading including OCR to translate Text-To-Speech. Enables finger reading, allows for plain-text view, line-by-line reading, hints to encourage reading, and a build tool.
FREE+	<b>Also Available for Android</b>	



Avaz FreeSpeech	Requires iOS 9.1 or later. Compatible with iPhone, iPad, and iPod touch.	An app that uses picture tiles to help anyone with a language impairment to learn and develop grammar skills. Simply drag the picture tiles on the screen to arrange the sentences. FreeSpeech uses visual guides to assist the user in creating a grammatically correct sentence.
FREE*		



Grammarly Keyboard	Requires iOS 11.2 or later. Compatible with iPhone, iPad, and iPod touch.	An app that assists users in checking spelling, grammar, punctuation, and vocabulary. Keyboard integrates smoothly with all apps and provides explanations for corrections to help you understand the mistakes.
FREE*	<b>Also Available for Android</b>	

#### Audio Recording & Transcribing apps



Just Press Record	Requires iOS 13.0 or later. Compatible with iPhone, iPad, iPod touch, and Apple Watch.	An audio recording app that allows you to record, play back, transcribe recordings, share audio/text, and organize content.
\$4.99		



Otter Voice Meeting Notes	Requires iOS 10.0 or later. Compatible with iPhone, iPad, and iPod touch.	An app that can record and transcribe audio in real time. It automatically applies punctuation, capitalization, and highlights key points. Has the ability to search, highlighted playback, and 600 free minutes a month of recording.
FREE	<b>Also Available for Android</b>	

#### Scheduling apps



Pocket Schedule Planner	Requires iOS 10.0 or later. Compatible with iPhone, iPad, and iPod touch.	An app to help students keep track of classes, assignments, and exams. Can customize by color, icons, save teachers contact information, and set alerts and reminders.
FREE*		



CanPlan  FREE	Requires iOS 8.0 or later. Compatible with iPhone, iPad and iPod touch.	A scheduling application designed to build confidence and promote independence. Reminders/notifications can be set. Tasks can be broken down into a sequence of easy-to-follow steps, illustrated by photos and reinforces with text and audio instructions.
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First Then Visual Schedule  \$9.99	Requires iOS 3.2 or later. Compatible with iPhone, iPad, and iPod touch.	A scheduling application designed for caregivers to provide positive behavior support. Fully customizable, can save and share schedules, and create PDF for printing.
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### Time Tracking apps



MultiTimer: Multiple Timers  FREE+	Requires iOS 10.0 or later. Compatible with iPhone, iPad, iPod touch, and Apple Watch.	A versatile and easy to use timer app. With over 10 different types of timers to choose from, you can customize the color, name, sounds, and icons. With the free version you can create 1 board with up to 12 timers.
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Focus To-Do Focus Timer&Tasks  FREE+*	Requires iOS 9.0 or later. Compatible with iPhone, iPad, iPod touch, and Apple Watch.  <i>Also Available for Android</i>	A timer and task management app that combines the Pomodoro Technique and To Do Lists. App allows user to set tasks, recurring tasks, subtasks, reminders, and task priorities. User can also customize pomodoro timer/break lengths and tones for alerts.
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Toggl Track – Hours & Time Log  FREE	Requires iOS 11.0 or later. Compatible with iPhone, iPad, and iPod touch.  <i>Also Available for Android</i>	A productivity app designed to help users track where they are spending their time. Can integrate tasks with calendar, use Siri to add or update tasks, and customize entries with project labels and tags. Can produce summary reports.
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aTimeLogger - Personal Tracker  \$4.99	Requires iOS 10.0 or later. Compatible with iPhone, iPad, iPod touch, and Apple Watch.  <i>Also Available for Android</i>	A simple, easy to use time tracking app. Can customize with themes, colors, and icons. Ability to set goals and view reports with diagrams and graphs. Can use with widget or Siri shortcuts.
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## Task apps



Remember the Milk  FREE*	Requires iOS 11.0 or later. Compatible with iPhone, iPad, iPod touch and Apple Watch.  <i>Also Available for Android</i>	A smart to-do app that allows you to set tasks and get reminded via email, text, IM, Twitter, or mobile notification. Ability to search tasks and notes. Integrates with Gmail, Google Calendar, Twitter, Evernote and more.
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Trello  FREE	Requires iOS 12.0 or later. Compatible with iPhone, iPad, and iPod touch.  <i>Also Available for Android</i>	An organization app that uses simple and customizable boards, lists, and cards to get things done. Can turn on notifications and assign or collaborate on boards or lists.
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## Daily Living

### Automation



IFTTT  FREE*	Requires iOS 10.0 or later. Compatible with iPhone, iPad, and iPod touch.  <i>Also Available for Android</i>	An automation app that works with over 600 apps. Uses “recipes” to control, alert, back up, and even post to social media without you needing to do so manually.
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### Medication Tracking



Mango Health  FREE	Requires iOS 11.0 or later. Compatible with iPhone, iPad, iPod touch and Apple Watch.  <i>Also Available for Android</i>	A habit tracking app to help simplify and reward the user’s daily routine. Can set reminders for medications, healthy habits, and your mood. Gives points for keeping up with daily habits. Can also set up a caregiver profile to monitor medications and reminders.
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Pill Reminder – All in One  FREE+	Requires iOS 9.0 or later. Compatible with iPhone, iPad, and iPod touch.  <i>Also Available for Android</i>	A customizable medication and appointment reminder app – all in one place. Can add medications from the FDA Drug Database for easy entry, view medications and appointments in the calendar view, and set reminders in a variety of ways needed for the user.
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Round Health FREE	Requires iOS 8.0 or later. Compatible with iPhone, iPad, iPod touch, and Apple Watch.	A medication tracking app that sets a “reminder window” instead of a set time to accommodate busy schedules or distractions.
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Medisafe Medication Management FREE*	Requires iOS 12.0 or later. Compatible with iPhone, iPad, iPod touch, and Apple Watch.  <b>Also Available for Android</b>	A medication tracking app that provides an easy-to-read schedule of medications and when to take them. Can set alarms, reminders for refills, keep a diary of symptoms, appointments, and doctors all within the app.
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Max - Pill Reminder FREE	Requires iOS 13.0 or later. Compatible with iPhone, iPad, and iPod touch.  <b>Also Available for Android</b>	A simple medication reminder app. Set notification up by daily, specific days, day intervals or based on menstrual cycle. Sends push notification reminders. If there is no response to the push notification the user will be notified by a reminder phone call.
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### Habit Tracking



Habit-Bull: Daily Goal Tracker FREE*	Requires iOS 10.0 or later. Compatible with iPhone, iPad, and iPod touch.  <b>Also Available for Android</b>	An app to help the user keep track of day-to-day habits and routines. Habits are fully customizable, easy to track, and provides inspiring quotes to help stay motivated.
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Habitica: Gamified Taskmanager FREE+*	Requires iOS 10.3 or later. Compatible with iPhone, iPad, and iPod touch.  <b>Also Available for Android</b>	A habit tracking and To Do app that uses gaming features for users to stay motivated and organized. User creates an avatar that can level up and unlock features such as armor or pets by completing tasks and working on healthy habits.
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### Calendar apps



Google Calendar FREE	Requires iOS 12.0 or later. Compatible with iPhone, iPad, and iPod touch.  <b>Also Available for Android</b>	A calendar application that can add events as well as To-dos and Goals. Can sync with other calendars including iCloud and Google Classroom.
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PocketLife Calendar  FREE+*	Requires iOS 12.0 or later. Compatible with iPhone, iPad, iPod touch, and Apple Watch.	A calendar app that allows you to share your calendar, sync with Google, iCal, and Yahoo, and create events and reminders.
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Cozi Family Organizer  FREE*	Requires iOS 11.0 or later. Compatible with iPhone, iPad, and iPod touch.  <i>Also Available for Android</i>	A shared calendar and lists app that allows you to keep track of every family members schedule. Also has a recipe box to keep and organize all your recipes.
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### Apps for Budgeting and Money Skills



HomeBudget Lite (w/sync)  FREE+	Requires iOS 9.0 or later. Compatible with iPhone, iPad, and iPod touch.	An expense app tracker designed to help keep track of expenses, income, bills, due dates, and account balances. Income and expenses must be entered in manually. Can sync across devices to work together on a family budget.
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Goodbudget Budget Planner  FREE*	Requires iOS 12.0 or later. Compatible with iPhone, iPad, and iPod touch.  <i>Also Available for Android</i>	A personal finance app that utilizes the “envelope method” budgeting a set amount of money each month/year. Income and expenses are entered manually. 10 regular envelopes and 10 annual envelopes available for free version.
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Life Budget – Personal Finance & Money Management  FREE*	Requires iOS 12.0 or later. Compatible with iPhone, iPad, and iPod touch.  <i>Also Available for Android</i>	A simple expense tracking app to assist with money management. Users must enter expenses and income in manually.
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Mint: Personal Finance & Money  FREE	Requires iOS 12.0 or later. Compatible with iPhone, iPad, and iPod touch.  <i>Also Available for Android</i>	A simple expense tracking app to assist with money management. Users must enter expenses and income in manually.
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Counting Bills & Coins  FREE	Requires iOS 7.0 or later. Compatible with iPhone, iPad, and iPod touch.	A simple expense tracking app to assist with money management. Users must enter expenses and income in manually.
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Money Up! – Build Life Skills  \$15.99	Requires iOS 9.0 or later. Compatible with iPhone, iPad, and iPod touch.	A simple expense tracking app to assist with money management. Users must enter expenses and income in manually.
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Assist with Focus, Sensory, or Sleep



Stand Up! The Work Break Timer  FREE+	Requires iOS 11 or later. Compatible with iPhone, iPad, and iPod touch.	A personal well-being app to help increase focus. Designed to remind the user to stand up and take breaks. Timers can be set in intervals or for certain days of the week and location can be set to only remind you at a certain location.
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iFidget  FREE	Requires iOS 7.0 or later. Compatible with iPhone, iPad, and iPod touch.	An app that is designed to help people with habits from rocking back and forth to restless leg syndrome.
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White Noise Lite  FREE+	Requires iOS 10.0 or later. Compatible with iPhone, iPad, and iPod touch.  <i>Also Available for Android</i>	An app that offers a range of sounds to help the user keep focus, relax, or fall asleep. Has over 40 looped sounds to choose from, can mix different sounds to create your own customized soundscape, and can set alarms or timers.
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Dreampad Sleep  FREE	Requires iOS 9.0 or later. Compatible with iPhone, iPad, and iPod touch.  <i>Also Available for Android</i>	An app that offers a range of sounds to help the user keep focus, relax, or fall asleep. Has over 40 looped sounds to choose from, can mix different sounds to create your own customized soundscape, and can set alarms or timers.
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Sensory Electra  FREE	Requires iOS 8.0 or later. Compatible with iPhone, iPad, and iPod touch.  <i>Also Available for Android</i>	A simple stimulating app for all ages. Responds to taps and up to 3 finger movements.
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Sensory Magma  FREE	Requires iOS 10.3 or later. Compatible with iPhone, iPad, and iPod touch.	A simple stimulating app for all ages. Responds to taps and up to 3 finger movements.
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A Soft Murmur  FREE+	Requires iOS 8.0 or later. Compatible with iPhone, iPad, and iPod touch.  <i>Also Available for Android</i>	An app that offers a range of sounds to help the user keep focus, relax, or fall asleep. Has over 40 looped sounds to choose from, can mix different sounds to create your own customized soundscape, and can set alarms or timers.
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### Caretaking and Behavioral Management



Birdhouse for Special Needs  FREE*	Requires iOS 8.0 or later. Compatible with iPhone, iPad, and iPod touch.  <i>Also Available for Android</i>	An organizational and tracking application to assist parents/caregivers keep track of behaviors, nutrition, medical information, therapies, schedules, and interventions all in one place.
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Autism Tracker Lite  FREE*	Requires iOS 10.0 or later. Compatible with iPhone, iPad, and iPod touch.  <i>Also Available for Android</i>	An organizational and tracking application to assist parents/caregivers keep track of behaviors, nutrition, medical information, therapies, schedules, and interventions all in one place.
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Allowance & Chores Bot  FREE*	Requires iOS 8.0 or later. Compatible with iPhone, iPad, and iPod touch.  <i>Also Available for Android</i>	An easy way to keep track of your family's allowances, chores, and savings goals. Can create daily, weekly, or monthly allowances for each child.
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Bearable – Symptoms & Mood Tracker  FREE*	Requires iOS 11.0 or later. Compatible with iPhone, iPad, and iPod touch.  <i>Also Available for Android</i>	A tracking tool that allows the user to track symptoms, mood, sleep, exercise, diet, and medication. Colorful, customizable, and easy to use interface. Dark mode available.
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### Apps for Children/Adolescents



Stop, Breathe, Think Kids  FREE*	Requires iOS 10.1 or later. Compatible with iPhone, iPad, and iPod touch.	A mindfulness, meditation app for kids to help them discover and develop skills for sleep, being calm, learning to breathe, and resolve conflict. Can create up to 5 profiles for different children and 15 free mindful activities for every situation.
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Breathe, Think, Do with Sesame  FREE	Requires iOS 8.0 or later. Compatible with iPhone, iPad, and iPod touch.  <i>Also Available for Android</i>	A mindfulness, meditation app for kids to help them discover and develop skills for sleep, being calm, learning to breathe, and resolve conflict. Can create up to 5 profiles for different children and 15 free mindful activities for every situation.
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Khan Academy Kids  FREE	Requires iOS 9.3 or later. Compatible with iPhone, iPad, and iPod touch.  <i>Also Available for Android</i>	An app to help teach reading, writing, language, math, social-emotional development, problem solving skills, and motor development. Parents/teachers can set up multiple children’s profiles. For individuals up to the 2nd grade learning level.
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GoNoodle – Kids Videos  FREE	Requires iOS 10.0 or later. Compatible with iPhone, iPad, and iPod touch.  <i>Also Available for Android</i>	Designed for active screen time, GoNoodle has over 300+ dance videos, yoga exercises, and mindfulness activities for kids. New videos are uploaded every week. The menu is easy to browse and play.
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Flip-Over FACES  FREE	Requires iOS 11.0 or later. Compatible with iPhone, iPad, and iPod touch.  <i>Also Available for Android</i>	A fun and versatile app where a child can explore facial expressions. While any student can benefit from this app it is especially designed for students with low-vision and a cognitive level of age 5 or older.
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Jade Autism FREE*	Requires iOS 12.0 or later. Compatible with iPhone, iPad, and iPod touch.  <i>Also Available for Android</i>	A fun and versatile app where a child can explore facial expressions. While any student can benefit from this app it is especially designed for students with low-vision and a cognitive level of age 5 or older.
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## Mental Health and Emotional Wellness

### Brain Exercise



Brain Yoga FREE+	Requires iOS 8.0 or later. Compatible with iPhone, iPad, and iPod touch.  <i>Also Available for Android</i>	An app that aims to train your brain in a relaxing way. Has 11 puzzle game, no timers, and no high scores.
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Lumosity FREE*	Requires iOS 11.2 or later. Compatible with iPhone, iPad, and iPod touch.  <i>Also Available for Android</i>	A brain training app with over 40 mind games to improve cognitive and academic abilities. The app offers workout modes, detailed training insights, and mindfulness training.
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Brain HQ FREE*	Requires iOS 10.0 or later. Compatible with iPhone, iPad, and iPod touch.	A brain training app with exercises focused on cognitive improvement, real-world improvements, and physical brain changes.
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Elevate FREE*	Requires iOS 11.0 or later. Compatible with iPhone, iPad, iPod touch and Apple Watch.  <i>Also Available for Android</i>	A brain training app designed to improve focus, speaking abilities, processing skills, memory, math skill and more. The app includes over 35 games, workout calendar, and personalized daily puzzles.
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### Mental Health Tools



PTSD Coach FREE	Requires iOS 11.0 or later. Compatible with iPhone, iPad, and iPod touch.  <i>Also Available for Android</i>	This app provides education on PTSD, self-assessments, tools to help manage PTSD, and information regarding professional care.
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Breathe2Relax FREE	Requires iOS 9.0 or later. Compatible with iPhone, iPad, iPod touch and Apple Watch.  <i>Also Available for Android</i>	A stress management app that provides detailed information on the effects of stress as well as instructions and practice breathing exercises to help reduce stress.
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MindShift CBT FREE	Requires iOS 10.0 or later. Compatible with iPhone, iPad, and iPod touch.  <i>Also Available for Android</i>	MindShift is a free, scientifically based anxiety tool. The app uses Cognitive Behavioral Therapy (CBT) to help the user learn to relax, be mindful, develop more effective ways of thinking, and use active steps to take charge of anxiety.
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Calm in the Storm FREE	Requires iOS 7.1 or later. Compatible with iPhone, iPad, and iPod touch.	An app help reduce, manage, and learn about stress. Includes guided meditations, tools for assessing and tracking stress levels, and information regarding stress.
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Virtual Hope Box FREE	Requires iOS 10.0 or later. Compatible with iPhone, iPad, and iPod touch.  <i>Also Available for Android</i>	An app designed to help with coping, relaxation, distraction, and positive thinking. User can save documents they personally find supportive.
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### Meditation Apps



MyLife Meditation by Stop. Breathe. Think FREE*	Requires iOS 12.0 or later. Compatible with iPhone, iPad, and iPod touch.  <i>Also Available for Android</i>	A mindfulness, meditation app to help reduce stress and anxiety. User can log and track progress. Over 40 free guided activities available in different lengths to fit your schedule.
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Smiling Mind FREE	Requires iOS 8.0 or later. Compatible with iPhone, iPad, and iPod touch.  <i>Also Available for Android</i>	A mindfulness, meditation app from Australia. Meditation programs available for children, youth, adults, the classroom, the workplace, and for sleep. Can set reminders and follow progress.
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Calm  FREE*	Requires iOS 12.0 or later. Compatible with iPhone, iPad, and iPod touch.  <b>Also Available for Android</b>	A mindfulness, meditation app from Australia. Meditation programs available for children, youth, adults, the classroom, the workplace, and for sleep. Can set reminders and follow progress.
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## Brain Injury

### Brain Injury



CDC HEADS UP Concussion and Helmet Safety  FREE	Requires iOS 6.0 or later. Compatible with iPhone, iPad, and iPod touch.  <b>Also Available for Android</b>	An app that teaches the user how to spot a possible concussion and what to do if someone has a concussion or serious brain injury. The application also features a 3D helmet fit and teaches about proper helmet safety.
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Let Me Check My Notes  FREE*	Requires iOS 10.0 or later. Compatible with iPhone, iPad, and iPod touch.	A notetaking app specifically designed for individuals with brain injury. Easy to add notes, categorize and color code. Can add attachments to notes, search for specific notes, and can sync with iPhone calendar. Integrates with My Bionic Brain Program.
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### For Aphasia



Language Therapy 4 in 1  \$74.99	Requires iOS 9.0 or later. Compatible with iPhone, iPad, and iPod touch.  <b>Also Available for Android</b>	A 4 in 1 app designed to be used for individuals with aphasia. Features comprehension, reading, naming, and writing.
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Dexteria  \$5.99+	Requires iOS 12.2 or later. Compatible with iPhone, iPad, and iPod touch.  <b>Also Available for Android</b>	An app that uses unique hand and finger activities to build strength, control, and dexterity. Does automatic tracking and reporting that can be emailed directly from the app. Can be used with both children and adults.
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